



PROVOCATIVE THERAPY

WITH

FRANK FARRELLY

April 05^h – 08th, 2012

4-day intensive training course

Tagungshaus Löwen, Gresgen, Germany

THIS SEMINAR IS LIMITED TO 15 PARTICIPANTS

Hotel & Tagungshaus LÖWEN
Sponsored by *THINK* GmbH, Gresgen
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What is Provocative Therapy?

Provocative Therapy is an unconventional therapeutic language, the use of which not only offers the user a powerfully different way of “talking“ with certain clients, but also challenges the therapist to re-examine his/her own assumptions with respect to the therapeutic impasse and human change.

This is an approach that uses a client's own selfdefeating experiences in the service of therapeutic change. Most therapists have had the following experience: a client will say, for example, “Nobody likes me“... When the therapist attempts to correct such a statement or to cheer the client up, the client still persists in his/her pessimism. If this kind of sequence continues, the therapist can become part of the problem, potentiating more of the client's negativity and hopelessness.

How does it work?

Provocative therapy offers another set of options. Through warm, caring humor and provocation, the therapist wants to help the client push past negativity and self-defeating patterns towards new possibilities and experiences. It forces the client to laugh at himself and thus gain a new perspective of his world and those around him - even the therapist. It goads the client into actively defending himself rather than strenuously and depressingly trying to convince himself, the therapist and the world of how helpless he is and how hopeless life is.

Farrelly says: “If provoked by the therapist (humorously, perceptively, and within the client's own internal frame of reference), the client will tend to move in the opposite direction from the therapist`s definition of the client as a person. If urged provocatively (humorously and perceptively) by the therapist to continue his self-defeating, deviant behaviour, the client will tend to engage in self- and other-enhancing behaviors which more closely approximate the societal norm.“

Something about Frank Farrelly, ACSW

Frank Farrelly has gained international recognition as a profoundly gifted therapist.

He is the author of several publications including *Provocative Therapy* (with Jeff Brandsma). He has presented numerous workshops, seminars and demonstrations on his work for professional audiences throughout the United States, Australia and Europe. While Farrelly maintains an extremely successful private practice at an outpatient clinic in Madison, Wisconsin, his expertise in working with severely disturbed clients makes him an especially interesting and important teacher.

Provocative therapy was developed in an inpatient ward as Farrelly, dissatisfied with his effectiveness as a therapist, began to explore new procedures for promoting significant, resilient change in chronic and recalcitrant patients. He worked in this institutional setting for seventeen years, continuing to develop and refine his techniques. In recent years, he has focused more on private outpatient work, while maintaining his interest in treating the severely disturbed client.

Frank holds a Master's Degree in Social Work from Catholic University and is a member of the Academy of Certified Social Workers. For years he was a clinical professor at the University of Wisconsin School of Social Work and an assistant clinical professor in the Department of Psychiatry at the University of Wisconsin Medical School.

What others say ...

“Frank is a solid co-therapist - not a carbon copy. His core of lovingness is easily apparent and available... He is also a wizard at destroying the metacommunicating bacterium “why“. A body free of this bug may never be the same again. You've read Groddeck, Eichorn, Redl, Laing, Kopp... Read Farrelly!”

Carl A Whitaker. M.D.
Family Process

“Frank Farrelly... is a really exquisite example of requisite variety“

Richard Bandler and John Grinder
Frogs into Princes



PROVOCATIVE THERAPY

Workshop Content

This Workshop is designed to acquaint participants with the theory and practice of provocative therapy. Participants can expect to leave with powerful new options in their therapeutic repertoire, and more elegant skills in working with difficult clients. Additionally, Frank Farrelly's workshops are always exciting, engaging and highly entertaining.

The workshop places a heavy emphasis upon the demonstration and doing of therapy by Frank Farrelly. The workshop format includes a lecture on Provocative Therapy followed by workshop modules consisting of interviews with workshop members, "therapist-client" feedback sessions, group discussions and role-playing of clients difficult for therapists. Frank will also discuss the use of provocative therapy with individuals, couples, families and groups.

A workshop with Frank Farrelly is an un-training event in that it fosters the participant's own inherent creativity and individuality.

Details

Dates: Thursday, April 05th, 2012, 3 pm through
Sunday, April 08th, 2012, 4 pm.

Training Fee: US \$ 1.320,-- (15 participants)

Location: **Hotel & Tagungshaus Löwen**, Gresgen 40, D-79669 Zell i. W.



Daily Rate – Prices including Fullbord:	Double	Single
- Room with:	€	€
- bath/WC or shower/WC	76,50	88,50
- shower	72,50	84,50
- bath on floor	68,50	80,50
- Double as Singleroom	+12,--	
+ € 1,-- Kurtaxe/night		
- Transf. from train station in Zell	13,50 (p. way)	
- Transf. from airport Basel	70,-- (p. way)	

a pleasant conference hotel located in the Black Forest 57 km from Freiburg im Breisgau and 30 km from Basel.

Further information:

Hotel & Tagungshaus Löwen
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Hotel & Tagungshaus Löwen
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REGISTRATION FORM



PROVOCATIVE THERAPY WITH FRANK FARRELLY 2012

I would like to participate in "PROVOCATIVE THERAPY", with Frank Farrelly,
April 05th – 08th, 2012.

Name:

Street:

Zip Code, City:

Tel. home:

Tel. work:

Fax:

Email:

I would like following hotel accomodation:

Double occupancy ____ (# of persons)
 Single occupancy

An invoice will be sent upon receipt of this registration form

Signed:

Date: